

Kairos Learning's Career Counseling Packages



🌀 Career Management Package

- Do you want to figure out what your next career move is and how to make it happen? Are you feeling stuck in a mid-career transition? Are you not sure how to transition to your own business? Do you want to learn best practices for networking? Trying to figure out how to have a work/life balance?
- Together, we can explore options for your next step, strategize how to overcome transition roadblocks, discuss techniques for exploring your options, and create an action plan for yourself.
- This package includes:
 - 3 60-minute live, online Zoom appointments
 - MBTI assessment, 10-page Career Report, and the Intro to Type booklet (in pdf) to explore what types of work are best suited for your personality style.
 - Values assessment clarifies what is important to you.
- Cost: \$800



🌀 Retirement & Lifestyle Planning Package

- Are you thinking about taking the leap into retirement but worried about what you will do with your time? How will you determine your new purpose and identity without your career?
- Learn about your personality style through the MBTI, how your type can influence your retirement plans, and how you can use it to create a more satisfying retirement.
- This package includes:
 - 2 60-minute live, online Zoom appointments
 - MBTI assessment, 6-page Interpretative Report, and the Intro to Type booklet (in pdf) to explore what lifestyle is best suited for your personality style.
 - Values assessment clarifies what is important to you.
- Cost: \$560



🌀 You will be working with Kathleen Sexton

- Kathleen Sexton, Founder and Principal Consultant of Kairos Learning, has a master's in counseling with a specialization in career development. She has provided 1:1 career counseling, developed career programs, and provided outplacement services in colleges, career centers, organizations, and private practice. She is also a Nationally Certified Career Counselor and a Master Practitioner of the MBTI. She has over 25 years of experience in the career development field.

🌀 **To schedule a package:** Contact Kathleen at Kathleen@kairoslearning.com