

KATHLEEN SEXTON, FOUNDER & CEO

[KAIROS LEARNING](#)

kathleen@kairoslearning.com

Creating insights, impact and change for teams and their leaders



Kathleen Sexton has over 20 years of experience in team effectiveness, leadership development, change management, and organizational development. Having worked with leaders and learners at all levels and in business, non-profit, health care, higher education, and government environments, she has the versatility and experience to meet a broad range of client needs.

Kathleen's innovative learning solutions and training programs support organizational change and improve organizational and team performance. An expert facilitator, Kathleen transforms routine training sessions into powerful learning experiences in the classroom and virtually. Her customized team building programs create learning moments that participants can directly apply to their work experience. Always relevant and engaging, her programs inspire participants

to take action.

Kathleen created her own consulting firm in 2009, [Kairos Learning](#). Kairos Learning specializes in team building and engagement, MBTI facilitation, change management, and learning and development for teams and leaders.

Experience and Credentials

For a decade, Kathleen led the strategic direction of Santa Clara County's Learning and Employee Development Department. This is the County's centralized unit providing talent management, OD/OE, employee engagement, and eLearning services for more than 20,000 County employees. She managed a staff of ten L&D professionals and support staff with a budget of over \$3 million in a heavily unionized environment.

Before launching Kairos Learning, Kathleen worked for a decade at Stanford University's Learning & Development Department. During her tenure there, she developed a premier career development program for staff (COMPASS) and managed several training programs, including the Department Managers Training Program, various Staff Development Programs, Stanford's New Employee Orientation and the Learn From Anywhere Initiative – Webinar Program.

Kathleen also teaches a variety of live online and asynchronous courses for Stanford University Continuing Studies where she has been an instructor since 2006. Her topics include *What Makes Us Tick: Understanding Our Personal and Professional Relationships Through Myers-Briggs*; *Compass Journey: A Personal Career and Life-Strategizing Course*. *Mapping Your Path to Career Satisfaction*; and *Mindfulness for Life and Leadership*.

Kathleen holds a Master's Degree in Counseling from San Francisco State University and a Bachelor's Degree in Business Administration. She is a MBTI Master Practitioner Certification, Prosci Change Management Certification, and is a Nationally Certified Career Counselor (NCCC).



www.kairoslearning.com